



Act natural. Breastfeed

Nature has its ways.

Breastfeeding is one of them.

It makes your baby healthier.

It helps you get back in shape.

And it saves money.

Think about it.

And give your baby what's

in your nature.

Visit BreastmilkCounts.com or call the
Texas Lactation Support Hotline at 1-855-550-6667.
Visit TexasWIC.org to learn more about WIC.



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