

First Dental Home Visits

REQUIRED ELEMENTS



TEXAS
Health and Human
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Texas
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Steps

08-13373 06/2021

The Initial First Dental Home Visit

The initial First Dental Home (FDH) visit provides an introduction of the child and parent or guardian to the dental provider, the provider's staff, and the dental office's physical location and layout. This first visit includes all of the following services:

- Completion of an oral health questionnaire by the parent or guardian.
- The dental risk assessment questionnaire conducted by the dentist or a member of the dentist's staff.
- Review of the child's health history.
- Review of the dental history for the:
 - child or patient,
 - primary caregiver, and
 - any siblings.
- An initial comprehensive oral evaluation performed by the certified FDH dentist.
- Caries risk assessment performed by the certified FDH dentist.
- Toothbrush prophylaxis (rubber cup prophylaxis if indicated due to stain, etc.).
- Topical fluoride varnish application (on all erupted teeth).
- Dental anticipatory guidance provided to the parent or guardian:
 - oral hygiene instructions
 - nutritional guidance
 - oral developmental milestones for the child.
- Establishment of a dental recall schedule.
- Any necessary referral to dental specialists.

Please note: For a dental visit to qualify as a First Dental Home visit, at least one parent or guardian must be in the treatment room with the child during the entire visit and all required components of the visit must be completed. Restraint of the child during a First Dental Home visit using a papoose board or similar restraint is not appropriate. If restraint of this nature is used, the visit cannot be billed as a First Dental Home visit.

The Oral Health and Dental Risk Assessment questionnaires are available to download as PDFs from the Health and Human Services Commission (HHSC) Texas Health Steps Dental website at <https://hhs.texas.gov/doing-business-hhs/provider-portals/health-services-providers/texas-health-steps/dental-providers/first-dental-home>. Click on "Materials." These forms are recommended but not required for use by Texas Health Steps dental providers.

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All Subsequent First Dental Home Visits

After completion of the initial First Dental Home visit, the child is placed on a recall schedule based on the caries risk assessment results. At subsequent FDH visits, all of the following services must be performed:

- Review and update of the child's health history.
- Review and update of the dental history for the:
 - child or patient,
 - primary caregiver, and
 - any siblings.
- Periodic oral evaluation performed by the certified FDH dentist.
- Updated caries risk assessment performed by the certified FDH dentist.
- Toothbrush prophylaxis (rubber cup prophylaxis if indicated due to stain, etc.).
- Topical fluoride varnish application (on all erupted teeth).
- Dental anticipatory guidance provided to the parent or guardian:
 - oral hygiene instructions
 - nutritional guidance
 - oral developmental milestones for the child.
- Confirmation of the child's dental recall schedule, based on the results of the updated caries risk assessment.
- Any necessary referral to dental specialists.

Please note: For a dental visit to qualify as a First Dental Home visit, at least one parent or guardian must be in the treatment room with the child during the entire visit and all required components of the visit must be completed. Restraint of the child during a First Dental Home visit using a papoose board or similar restraint is not appropriate. If restraint of this nature is used, the visit cannot be billed as a First Dental Home visit.

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