

TEXAS HEALTH STEPS MEDICAL CHECKUP PERIODICITY SCHEDULE FOR BIRTH THROUGH 10 YEARS OF AGE

AGE		History	Nutritional Screening	DEVELOPMENTAL SURVEILLANCE			MENTAL HEALTH		Unclotted Physical Examination	Critical Congenital Heart Defect Screening	MEASUREMENTS					VISION		HEARING			Dental Referral	Screen/Administer Immunizations According to ACIP Guidelines	LABORATORY TESTS					Health Education/Anticipatory Guidance
				Review of Milestones	ASQ, ASQ:SE, PEDS, or SWYC	M-CHAT or M-CHAT-R/FTM	Mental Health, Psychosocial/Behavioral Health Screening	Postpartum Depression Screening			TB Questionnaire with Skin Test if Risk Identified	Length	Height	Weight	BMI	Fronto-Occipital Circumference	Blood Pressure	Visual Acuity	Subjective Vision	Newborn Hearing Test (OAE or ABR)			Audiometric Screening	Subjective Hearing	Newborn Screening Panel	Blood Lead Screening	Anemia	
Months	Newborn	■																										
	D/C to 5 days	■																										
	2 weeks	■																										
	2	■																										
	4	■																										
	6	■																										
	9	■																										
	12	■																										
	15	■																										
	18	■																										
Years	24	■																										
	30	■																										
	3	■																										
	4	■																										
	5	■																										
	6	■																										
	7	■																										
	8	■																										
	9	■																										
	10	■																										

TEXAS HEALTH STEPS MEDICAL CHECKUP PERIODICITY SCHEDULE FOR 11 THROUGH 20 YEARS OF AGE

AGE		History	Nutritional Screening	MENTAL HEALTH		TB Questionnaire with Skin Test if Risk Identified	Unclothed Physical Examination	MEASUREMENTS				VISION		HEARING		Dental Referral	Screen/Administer Immunizations According to ACIP Guidelines	LABORATORY TESTS				Health Education/Anticipatory Guidance
				Mental Health: Psychosocial/ Behavioral Health Screening	PSC-17, PSC-35, Y-PSC, PHQ-9, PHQ-A, CBAFT, Patient Health Questionnaire for Adolescents, or RAAPS			Height	Weight	BMI	Blood Pressure	Visual Acuity	Subjective Vision	Audiometric Screening	Subjective Hearing			Dyslipidemia	Type 2 Diabetes	STD/STI Screening	HIV Test	
Years	11	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	12	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	13	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	14	█	█	█	█	█	█	█	█	█	█	█	█	█	█	█					█	
	15	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	16	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	17	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	18	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	19	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	
	20	█	█	█		█	█	█	█	█	█	█	█	█	█	█					█	

LEGEND	
█	Mandatory
█	If not completed at the required age, must be completed at the first opportunity if age appropriate.
█	For developmental, mental health, vision, or hearing screenings: when both colors appear at the same age, perform the most appropriate-level screen.
█	Recommended
█	Risk-based



texashealthsteps.org/
[texashealthstepscheckupcomponents](http://texashealthstepscheckupcomponents.org/)