

What is Case Management?

Case Management for Children and Pregnant Women is a **Medicaid benefit** that provides health-related case management services to children birth through 20 years of age with a health condition and to high-risk pregnant women of any age. Case managers help clients gain access to needed medical, social, educational, and other services.

What do case managers do to connect clients with services?

Case managers help clients with services such as:

- Accessing behavioral health services or developmental testing.
- Coordinating DME, home health nursing, or OT/PT/ST.
- Assisting with the special education process or school issues.
- Helping with transition planning.
- Addressing issues such as substance abuse, homelessness, or domestic violence.
- Finding other needs, such as respite.

Who can be a Case Manager?

Case managers must be a licensed social worker or registered nurse.

Case managers may work independently or may be employed or contract with an agency.

Bilingual case managers are needed.

Note: Social workers with an LBSW or an LMSW who plan to provide case management services independently or contract with an agency must either:

- Have the Independent Practice Recognition (IPR) or
- Be under a board-approved IPR or LCSW supervision plan.

Reimbursement

Case managers enroll with Medicaid and are reimbursed for assisting clients in getting the services they need.

Reimbursement:

- \$146.16 for a comprehensive visit.
- \$122.31 for a face-to-face follow-up contact.
- \$29.36 for a telephone follow-up.

How to become a Case Management Provider

Individuals and agencies must apply with the Texas Department of State Health Services and enroll with Medicaid. Contact DSHS for information on how to become a case manager:

- Email AskCM@dshs.state.tx.us or
- Call 512-776-2168.

To learn more about Case Management for Children and Pregnant Women:

- · Go to dshs.state.tx.us/caseman or
- Take a tutorial at txhealthsteps.com/cms/?q=node/96.







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